

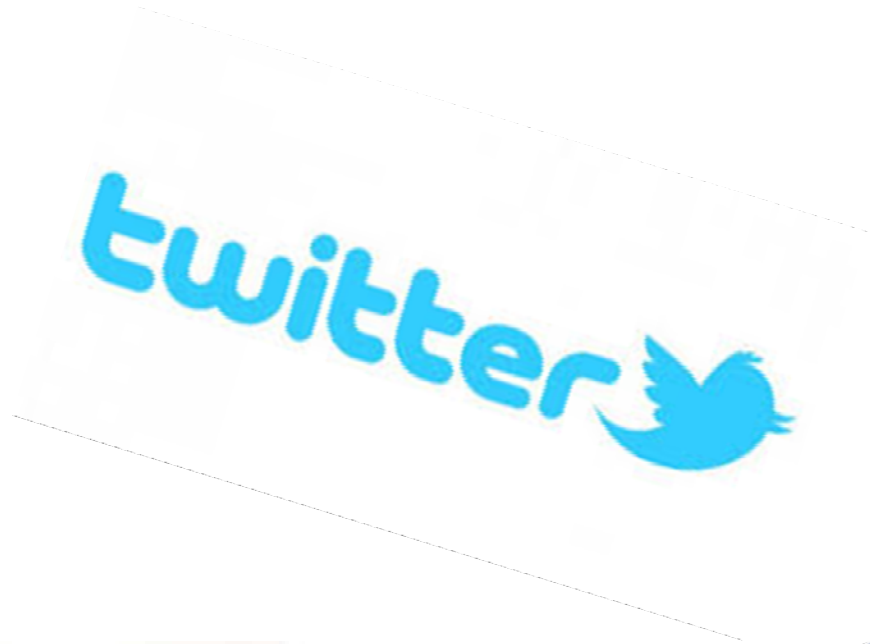
The Ebb and Flow of Life

Parents & Children Relationship

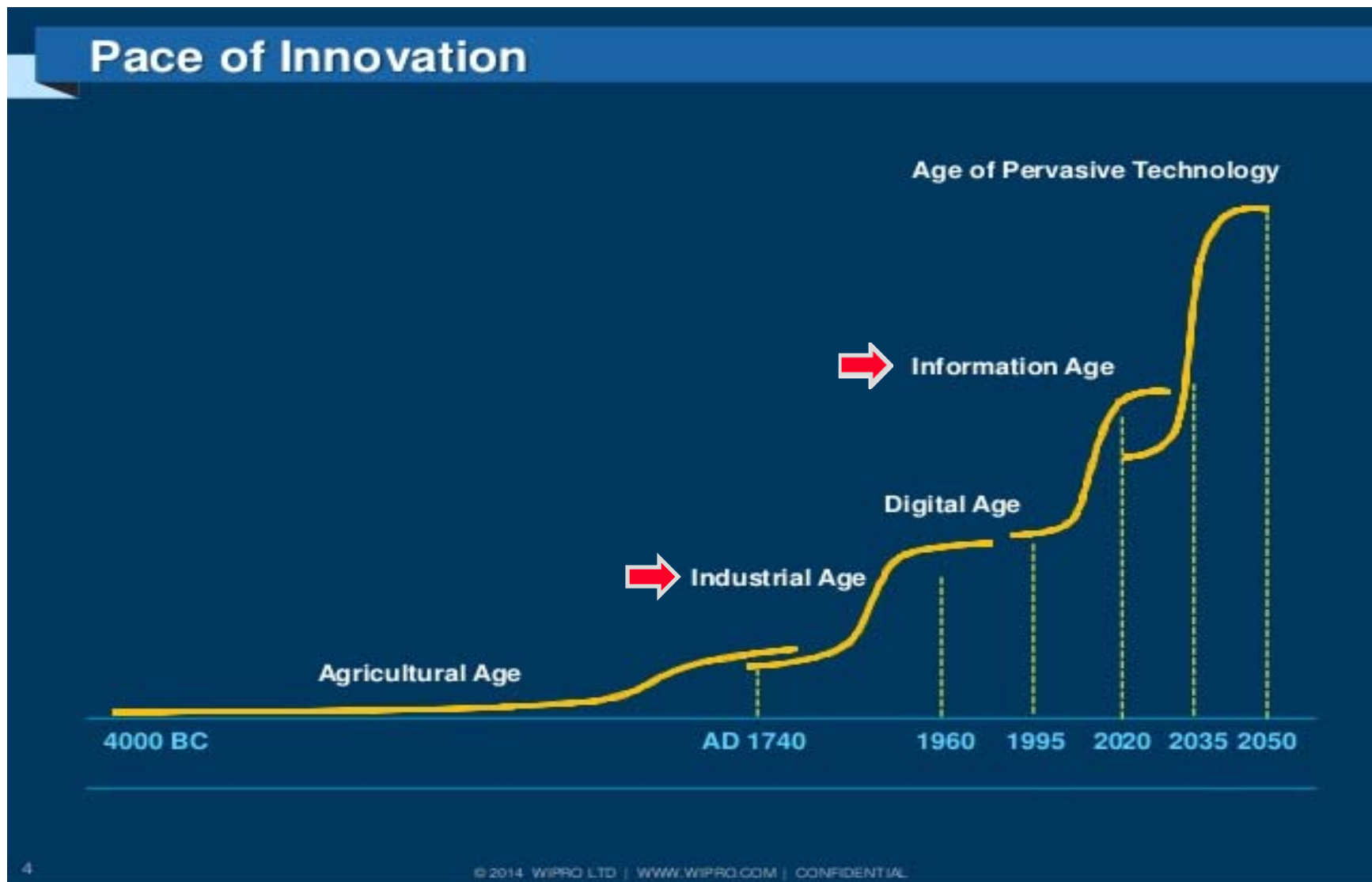


John D. Vu,
Distinguished Professor of Computer Science
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Questions For Parents



Different Time, Different Age



Different Views, Different Beliefs, Different Values

- There is a big difference when parents and children grow up
- There is a difference of opinions between one generation and another regarding beliefs and values

Sign of the Times

Industrial Age

- Adversarial Relationships
- Bureaucratic Organization
- Autocratic Leadership
- Centralized Control
- Autocracy
- Conformity
- Compliance
- One-Way Communications
- Compartmentalization

Information Age

- Cooperative Relationships
- Team Organization
- **Shared Leadership**
- Autonomy with Accountability
- Democracy
- **Diversity**
- Initiative
- Networking
- **Holism**

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The Generation Gap

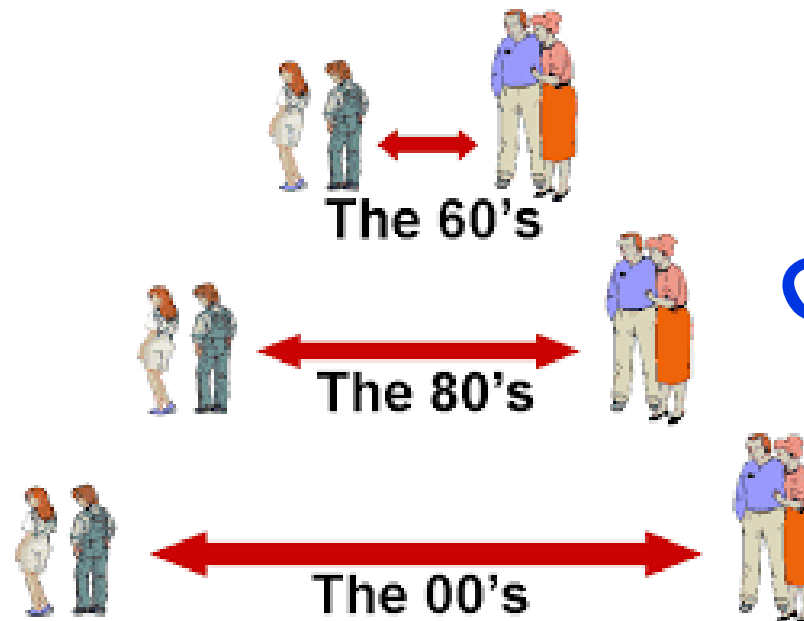


LOL
Groovy



Hashtag#

CHILL




Happy!

Cool!

YO

The Generation Gap



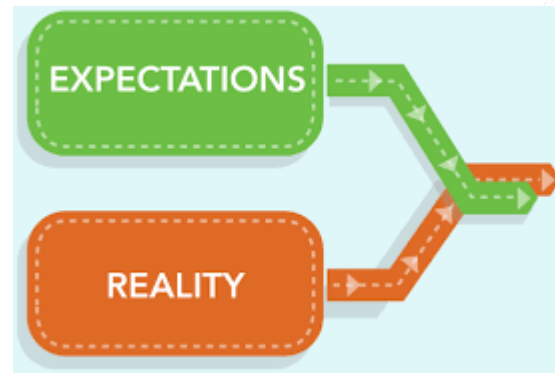
Reasons for generation gap

- Parents do not treat their kids as their age.
- Accusing each other at every topic.
- Unnecessary worry of the parents about their kids.
- Difference between their ideas.
- Expectations of the parents to their children.
- Parents do not aware about the modern world.

Failure To Communicate



High Expectations



"expectation
is the root
of all heartache."
-william shakespeare



Asian Parents

Study

Go to Ivy League School

Get good grade

Study

Be an Engineer

Did you do your homework?

Obey your father!

Study hard

Listen to me

What is your grade?

Listen

Not good enough!

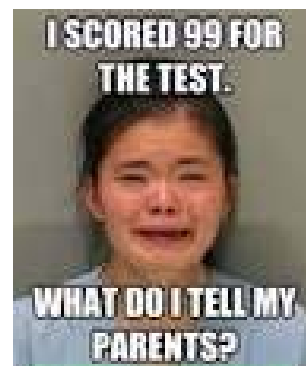
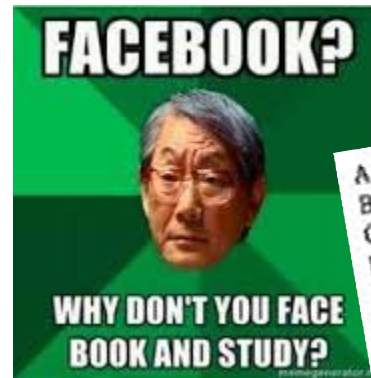


Study Medicine

Study

Go to Harvard

Asian Parents' Expectations?



A = Amazing
B = not Bad
C = Common
D = bad Day
E = Excusable
F = Football player - its ok



Question

How many hour or minute that both of you talk and listen attentively to each other, without any expectation, without judgement, without pre-conceived ideas?

Just plain conversation?



Another Questions

**How many parents are spending the time
To understand their children?**

**How many children are spending the time
To understand their parents?**



Children Learn What They Live *

- If children live with criticism, they learn to condemn
- If children live with hostility, they learn to fight
- If children live with ridicule, they learn to be shy
- If children live with shame, they learn to feel guilty



* By Dorothy Law Nolte

The Issues

- How could we love them when we plant the seed of discontent in them?
- How could we love them when we make them lose their confidence, to feel guilty, to get frustrated?
- Unless we understand that there is difference in beliefs and values between generations and there is a big gap in our relationship
- And without proper action, the gap will get bigger, and eventually destroy our relationship

The Solution

- Recognize the difference and understand each other
- Both parents and children need to spend more time to communicate
- They need to learn “how to listen” to each other
- There is a difference between “hearing” and “listening”
- Parents and children need to listen by paying more attention without any judgment, or preconceived idea so they can understand each other.

Children Learn What They live *

- If children live with encouragement, they learn confidence
- If children live with tolerance, they learn to be patient
- If children live with praise, they learn to appreciate
- If children live with acceptance, they learn to love
- If children live with approval, they learn to like themselves



* By Dorothy Law Nolte

Learning from Failure



Over-education Issue

- Workers' education level is above what their job requires

HAPPINESS IS



...a PhD.

for more visit www.funnyhappyquote.com



"Research is what I'm doing when I don't know what I'm doing."

Werner von Braun



Investment in Education: A comparison

- A student with a Bachelor's degree in Computer Science makes \$90,000 a year (2015 - data)
- In 10 years, he could make over \$1,000,000
- If he stay in school to pursue a Ph.D degree it would take him 8 more years to complete the degree.
- He will need at least 2 more years to do research to qualify for teaching job or research work
- During that 10 years, he does not make money
- Basically, a \$1,000,000 opportunity lost.
- If he find a teaching job or junior research job, he could make about \$120,000 a year.
- A 10 year experienced software developer makes \$165,000 a year.

Questions

**How many parents understand
their children's Interests and
Capabilities?**

**How many young people
understand their strengths and
weaknesses?**

**How many parents discuss career
plan with their children without
setting expectation?**

A Different world

- **Today parents and children are living in a different world**
- **Children feel like they are being controlled by their parents**
- **Parents feel their children are not listening to their advices**

- **Parents and children do not have enough time to understand each other**

- **Children want to be understood, accepted, be independent and be their own person**
- **Parents do not their children is “wise” enough to make decision for themselves.**

A Different World

- The structure of modern society encourage people to look outward rather than inward.
- The “individual” is more important – the “Me” generation.
- Today young people have to work harder to make a living and many do not have time for themselves or sufficient time for their parents
- Most parents expect their children to visit them as much as possible
- When they did not, the parents feel hurt and angry



How to really listen to each other?

- Listening and understanding are the solution
- But how do you listen without prejudice and non-judgement?



Guanshiyin Pusa

- We recite “Guanshiyin Pusa” name almost everyday but how many of us learn about his listening skills?
- “Guan” means to contemplate, to observe, and to listen;
- “Shi” means the world;
- “Yin” means the sound;
- Guanshiyin means one who listens to the sound of the world and rescue living being from suffering
- When listening to the suffering sound of living beings, do you think Guanshiyin Pusa will judging them or expecting something?
- No he listen attentively with compassion and kindness to all without any judgment or expectation , that is his listening skills that we need to learn from

Compassion, Kindness, Joy, and Giving

- Compassion means rescuing being out of suffering
- Kindness means making living beings happy
- Joy means not being angry even when others are
- Giving means taking the most sentimental possession and giving to living beings



The Solution

To resolve the communication issue:

- **We must learn the “Guanshiyin Pusa” listening skills:**
 - Not judgmental
 - Not expect anything
- **Only by this type of listening, parents will understand their children.**
- **Only by this type of listening, children will understand their parents**
- **Only by understand each other, they can improve the relationship**

The Solution

To resolve the expectations issue:

- We must learn to accept each other by developing our compassion to each other
- Only by accepting with Joy and Kindness, parents will understand their children
- Only by accepting with joy and kindness, children will understand their parents
- The more they understand each other, the more they can improve the relationship



Understanding and Loving Kindness

- When parents and children understand each other, they will spend more time with each other;
 - The more time they spend with each other, the more they understand each other;
 - The more they understand each other, the more they will have compassion for each other and that will bring Joy and loving kindness.
-
- **That is the best way to resolve all conflicts, build better relationship, and close the gap between generations**

Namo Guanshiyin Pusa



Lotus Flower & Full Moon



Questions & Answers

